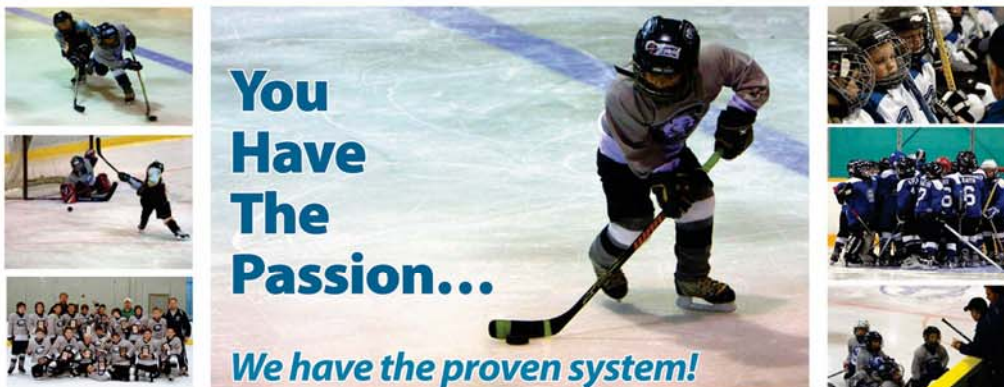


Welcome to Cougars Selects Hockey



The **York Region Cougars Selects** spring program (based in Aurora, ON) will be training players at **1995, 1998-2001** birth years. We are a regionalized division of the Selects Hockey program and our mission is to develop and grow elite young hockey players (AA and AAA calibre) with an emphasis on skill development.

OUR DEVELOPMENT PROGRAM CONSISTS OF:

- 'Skills Challenge Day' with professional off-ice training (2.5 hours on-ice)
- 8 individual on-ice Sunday Skills Sessions with 4 hours of professional off-ice training
- Exclusive 'Team-Building' session with Larry Pearson (leadership specialist)
- 7 total hours of professional off-ice leadership, coordination, stick handling and dryland training
- Specialty Power-Skating Clinic with a professional NHL Power-Skating coach
- 20+ total hours of professional on-ice instruction
- Professional coaches plus current and/or NHL Alumni guest instruction
- Specialized Goaltending training during each on-ice session
- Detailed player evaluation identifying strengths, weaknesses and areas for improvement
- Exposure to the established, elite Selects Hockey program
- Positive learning environment
- Competitive schedule of tournaments in great destinations and the opportunity to play with Cougars Selects players from across North America (Tournaments are optional and include access to Cougars AA and Super Elite Cougars Selects AAA teams. Additional fees apply.)
- 20% discount off Roger Neilson Hockey Camps (summer sessions)
- Fundraising opportunities to reduce or eliminate program fees
- Cougars Apparel Package includes practice and game jerseys (with name plates), team socks and golf shirt (\$60 value)

PLAYER FEE \$749 – includes Sunday Skills sessions, off-ice training, stick handling sessions Specialty NHL Power-Skating Clinic, Team-Building session, Evaluation testing, Discount towards Roger Neilson's Hockey Camp, jerseys, socks, and golf shirt. Presented by Roger Neilson's Hockey Camp.

Registration is restricted to AA/AAA players and there are a limited number of positions in each age group. The 2009 package is expected to fill up quickly. Follow the registration link to reserve your spot in York Region's premier development youth hockey program. **For further information contact Marshall Starkman:**

E-mail: mstarkman@cougarsselects.com ● **Tel:** 905-750-0011 ● **Fax:** 905-750-0022

One-of-a-Kind Opportunity

www.cougarsselects.com